

## Active Living Expo

### Meet Your Vendors

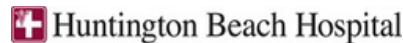


#### Title Sponsor

Hoag

#### Oak Sponsors

Alignment Health  
Alzheimer's Family Center  
Alzheimer's Orange County  
Attentive Home Care  
Beach Terrace  
Bennett Acupuncture  
Care to Stay Home  
Dignity Memorial  
Encompass Health Rehand Tustin  
Heartland Institute of Financial Education  
Homewatch Caregivers  
Meadowlark  
Merrill Gardens  
Orange County Global Medical Center  
Orange County Labs  
SeaCliff  
Senior Living Options  
SilverSneakers  
United Health Care  
Welcome Health  
Z-Dermatology



#### Redwood Sponsors

Belmont Village Senior Living  
Canaan Home Care  
Edinger Medical Group  
Evergreen Cleaning  
HB Symphony Orchestra  
Huntington Beach Hospital  
Imperial Health Plan  
Lucent Hospice  
MemorialCare  
Republic Services  
Right At Home  
Syrentis

#### Sycamore Sponsors

Cal Optima  
Comfort Keepers  
Ivy Park  
Jack Schroeder & Associates  
Optum Medical Group  
Regal Medical Group

**CITY OF HUNTINGTON BEACH  
SENIOR CENTER IN CENTRAL PARK**

18041 GOLDENWEST ST. HUNTINGTON BEACH, CA 92648 714-536-5600  
MON-THU 8AM-8PM FRI 8AM-5PM SAT 8AM-12PM SUN CLOSED

**HBCOA Executive Board**



**HBCOA President’s Message**

- Carolyn Ross, President
- Lindsay DuFresne, 1st Vice President
- Bob Allen, 2nd Vice President
- John Villa, CFO
- Phillip Burtis, Treasurer
- Diana Zimmer, Assistant Treasurer
- Beverly Mast, Administrative Secretary
- Ed Pinchiff, Assistant Administrative Secretary
- Teri Simonis, Recording Secretary
- Mary DeGuelle, Assistant Recording Secretary
- James Pike, Past President

**HBCOA Board Members**

- |                  |                  |
|------------------|------------------|
| Stephanie Babkow | Ellen HopeKearns |
| Patty Cody       | Jose Juarez      |
| Justin Deyle     | Celine Keeble    |
| Beverly Fleming  | Krystal Neitzke  |
| Beth Hambelton   | Barbara Scott    |

**City Council Liaisons**

- |               |               |
|---------------|---------------|
| Rhonda Bolton | Natalie Moser |
|---------------|---------------|

For additional information, please visit the HBCOA website, [www.hbcoa.org](http://www.hbcoa.org) or like the HBCOA Facebook page at Huntington Beach Council on Aging @HBCOA.



**In This Issue:**

Activity Calendar.....	19
Community Resources.....	3
Book Corner.....	17
HBCOA Board of Directors.....	2
HBCOA Donors.....	20
HBCOA Movies & Travel.....	5
HBCOA President’s Message.....	2
Recreation.....	9
Senior Lunch Café Menu.....	18
Senior Services Remembers.....	3
Senior Services Staff.....	4
Social Services.....	12
Supervisor’s Message.....	4
Transportation.....	13
Wellness Pavilion.....	10
Volunteer Services.....	11
Where is your Outlook.....	4

September greetings from all of us on the HBCOA Board of Directors! As summer fades into fall, the Senior Center in Central Park is gearing up for an exciting month ahead filled with new opportunities to connect. We have a full calendar of activities planned, including our Active Living Expo on September 14. This is a great opportunity to learn more about healthy aging and get connected with valuable resources in the community. It is also a lot of fun! Make sure to stop by the HBCOA table at the Expo. I hope to see you there.

As always, I want to thank you for your support as a member of the HBCOA. If you aren’t yet a member, be sure to join us soon! Visit our website or stop by the senior center for more information.

I wish you a September filled with friendship, learning, and joy!

Your HBCOA President,  
Carolyn Ross



**2025 HBCOA Membership**  
**During the Active Living Expo on**  
**Saturday, September 14th**  
**Visit the HBCOA Booth**

**For information on joining or renewing your membership with the HBCOA.**



## Helpful Resources

**211OC** [211OC.org](http://211OC.org) 949-646-4357 (or 211) provides resources on a variety of human service topics for all ages and OC cities

### **Adult Protective Services (APS)**

[ssa.ocgov.com](http://ssa.ocgov.com) 800-451-5155 addresses abuse & neglect of elders & disabled adults

### **AlertOC** [alertoc.org](http://alertoc.org) 714-536-5978

mass emergency info & notification system

### **Alzheimer's Family Center** [afscenter.org](http://afscenter.org)

714-593-9630 dementia care & support

### **Aging and Disability Resource Connection**

[adrcoc.org](http://adrcoc.org) 714-480-6450 referrals related to caregiving, disabilities, and seniors

**Be Well OC** Mobile Crisis Response Team 714-960-8825 in-community assessment & crisis stabilization services for mental health or substance use challenges

### **California Senior Medicare Patrol**

[cahealthadvocates.org](http://cahealthadvocates.org) 855-613-7080 helps avoid, detect, & report healthcare fraud

### **Caregiver Resource Center OC**

[caregiveroc.org](http://caregiveroc.org) 800-543-8312 caregiver support, respite care, and education

### **City Hall General Information**

[www.huntingtonbeachca.gov](http://www.huntingtonbeachca.gov) 714-536-5511

### **HICAP** [coasc.org/programs/hicap/](http://coasc.org/programs/hicap/)

714-560-0424 Health Insurance Counseling & Advocacy for those with Medicare

**HB Fire Department** Home Safety Visit 714-536-5411 fire safety plan & detectors

### **Meals on Wheels OC**

Other cities: 714-823-3294

HB residents only: 714-374-1717

### **OC Links** 855-625-4657

[ohealthinfo.com/bhs/about/nit/oclinks](http://ohealthinfo.com/bhs/about/nit/oclinks) 24/7 links to behavioral health & crisis help

### **OCTA Access** 714-560-5956 [octa.net/getting-around/bus/oc-access/overview/](http://octa.net/getting-around/bus/oc-access/overview/) OC

transportation for persons unable to use the fixed bus system

**Senior Lunch Café** HB location 714-375-8404 donation lunch for those 60+

### **Social Security Administration** [ssa.gov](http://ssa.gov)

800-772-1213, 17075 Newhope St #B, Fountain Valley, CA 92708

## Investment scams and seniors: How much can you afford to lose?

On Friday, September 20th at 1:30p.m., the Huntington Beach Senior Center, in association with the HBPD, will present a discussion on investment scams. The presentation will cover the following areas:



- How are investment scams defined; what are some common examples
- Why are seniors an especially vulnerable target
- The red flags to look for in financial deals that are “too good to be true”
- How to protect yourself from becoming a victim.

Educational handouts will be provided, and there will be adequate time for questions. For further information, contact the Senior Center at 714-536-5600.

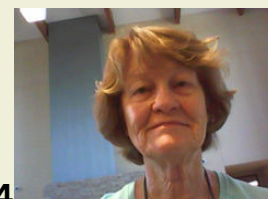


The HBCOA Evergreen annual donor program honors individuals, corporations, and legacy donors with a special leaf on the Tree of Life in the Senior Center in Central Park. Your donation supports Care Management, Home Delivered Meals, Transportation, Volunteers, and activities including education, dances, concerts, travel, and recreational classes. Your donation ensures Huntington Beach is a great place to age! For more information or to make a charitable gift, please contact Bill Sandoval, [William.Sandoval@surfcity-hb.org](mailto:William.Sandoval@surfcity-hb.org) or John Villa, [johnvilla1234@gmail.com](mailto:johnvilla1234@gmail.com).

## Senior Services Remembers



**Albert Mrofka 1934-2024**



**Peggy Morrill 1939-2024**

## Community & Library Services Staff and Contacts

Ashley Wysocki, Director  
Kristin Martinez, Program & Svcs. Manager

### Senior Services

Bill Sandoval, Senior Supervisor  
Scott Getman, Recreation Supervisor  
Michelle Yerke, Social Services Supervisor  
Caryn Kawamoto, Volunteer Services Coord.  
Brandi Kelly-Contreras, Transportation Coord.  
Lezly Castillo, Transportation Dispatcher  
Brooke McLaughlin, Rental & Event Coord.  
Vivian Pla, Wellness Pavilion Coordinator

### Phone Directory

Care Management  
714-374-1572  
Civic Center Community & Library Services  
714-536-5486  
Fitness / Wellness Center  
714-374-1578  
HBCOA  
714-374-1524  
Home Delivered Meals  
714-374-1717  
Senior Café (in-person lunch)  
714-375-8404  
Senior Center Front Desk  
714-536-5600  
Senior Center Rentals & Marketing  
714-374-1534  
Transportation- Seniors on the Go!  
714-374-1742  
Travel & Resources  
714-374-1572

### Outlook Editor & Sponsorships

Teri.Simonis@Surfcity-hb.org, 714-374-1517

#### **Sponsorship Disclaimer**

The City of Huntington Beach and the Huntington Beach Council on Aging, make no warranties, presentations, or claims concerning the quality, quantity, or availability of services sponsored in the Outlook, and they reserve the right to exercise such discretion as they may deem appropriate in the selection of sponsorship material to be published in the Outlook. By viewing the sponsorship section you agree not to hold the City of Huntington Beach, the Huntington Beach Council on Aging or its affiliates liable for the content of any sponsor, or for any delays, inaccuracies, errors or omissions in the transmission or delivery of such content. Your viewing/use of this section signals your acceptance of these terms, conditions, and guidelines.



## Senior Supervisor's Message

Autumn is upon us and it's a lovely time of year! The leaves are changing, the days are getting shorter. It's a time to relax, reflect, and prepare. The Senior Center is offering several workshops and activities as we gear up for fall. Check out our new exercise class, Eccentrics Aging Backwards, as well as a host of other recreation programs!

Remember! The Active Living Expo will take place on Saturday, September 14th, 2024, from 10 am- 1 pm. This free event will feature over 60 vendors, as well as City of Huntington Beach services, entertainment, and food vendors. This fundraising event is a partnership between the Senior Center in Central Park and the Huntington Beach Council on Aging (HBCOA). The Vision and Mission of the HBCOA is for all Huntington Beach Seniors to have access to services, programs, information, and education that promote dignity and quality of life. The HBCOA also creates awareness of the evolving needs of Huntington Beach seniors and responds with resources for innovative services and programs.

Last month, the Senior Center held its 2nd annual Grandparents Day with much success. I would like to take this opportunity to thank the HBCOA Board Members, volunteers, staff, sponsors, and participants who visited the event. A great time was had by all.

I hope to see you all at the Active Living Expo.

Bill Sandoval – Senior Community & Library Services Supervisor

### Mayor's Award of Excellence



Connie Arteaga was recently presented with the well deserved Mayor's Award of Excellence. As part of the Care Management Team, she provides social services to older adults in Huntington Beach. Congratulations Connie! Thank you for being a strong and valued member of our dedicated team!



**Wednesday Afternoon at the Movies**

1:00 PM, Drop-in, Free!

Movies and Times Subject to Change

**September 11**

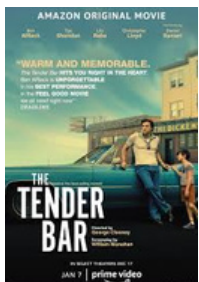
**Worth**



To help the victims of 9/11, Kenneth Feinberg (Michael Keaton), an attorney in Washington D.C., battles against bureaucracy and politics. Appointed by Congress, Feinberg leads the September 11th Victim Compensation Fund. He faces the impossible task of determining the “worth of a life”. Charles Wolf (Stanley Tucci), mourning the death of his wife in the Towers, helps Feinberg learn the true human costs of the tragedy. Based on a true story. **1h 58m, Rated PG-13 for some strong language and thematic elements.**

**September 25**

**The Tender Bar**



J.R., a fatherless boy, grows up in the glow of a bar where his Uncle Charlie (Ben Affleck) is the sharpest and most colorful of an assortment of quirky and demonstrative father figures. Meanwhile, the boy’s determined mother struggles to provide her son with opportunities denied to her and leave the dilapidated home of her father (Christopher Lloyd). Suggested by an HBCOA movie attendee, the Tender Bar is a 2022 AARP Movies for Grownups nominee. **1h 46m, Rated R for language throughout and some sexual content.**

**Movie Suggestions**

What would you like to see? Complete a Movie Suggestion form located at the HBCOA Refreshment Bar.

**HBCOA Movie Refreshments**



HBCOA Board members will provide snacks from the lounge before the movies. Stop by, chat with a Board member and grab a nibble. Donations accepted and appreciated!

**Travel & Trips**

For more information visit [www.hbcoa.org](http://www.hbcoa.org) or call 714-374-1572. To register, visit the Travel & Resource Room Monday-Friday, 8:00 a.m.- 3:30 p.m.

**Buddhas & Botanicals**

**Thursday, September 5, 2024**



Carpinteria’s Seaside Gardens  
A boxed lunch & ice cream treat is included.

Member Price: \$129. Non-member Price \$139. Depart: 8:00 a.m. Return: 7:30 p.m.

**Solvang Danish Days**

**Saturday, September 21, 2024**



Member Price: \$99. Non-member Price \$109. Depart: 8:00 a.m. Return: 7:30 p.m.

**Idyllwild Art Walk & Wine Tasting**

**Saturday, October 12, 2024**



Keepsake wine glass included.  
Member Price: \$126. Non-member Price \$136. Depart: 8:30 a.m. Return: 6:30 p.m.

**Big Bear Oktoberfest & Lake Cruise**

**Sunday, October 20, 2024**



German-style Lunch included.  
Member Price: \$146. Non-member Price \$156. Depart: 8:30 a.m. Return: 7:30 p.m.

**Where in the World is your Outlook?**

Patricia Wolff took her Outlook on vacation to Quebec City, Canada.



Email your photo to [Teri.Simonis@surfcity-hb.org](mailto:Teri.Simonis@surfcity-hb.org)

Local Living Solutions proudly offers no-cost assistance finding senior living & care options for you & your loved one.



Local Living Solutions

SERVICES FOR SENIORS

Assisted Living | Memory Care | Respite Care  
Residential Board & Care Homes | Independent Living  
Continued Care Retirement Community

Tracey Lancaster, CSA  
Certified Senior Advisor

714-625-1725

Tracey@LocalLivingSolutions.com  
www.LocalLivingSolutions.com



Grant Sevdayan  
Music Director

VERDI  
(selections)

MACBETH

BEETHOVEN  
Coriolan Overture

SPENDIAROV  
Three Palms

SUNDAY, SEPTEMBER 22, 2024 @ 3:30pm  
ACADEMY FOR PERFORMING ARTS THEATER  
1905 Main St, Huntington Beach, CA 92648

Purchase (check, cash)

AB Music Studios  
19171 Magnolia St. HB  
(714) 962 - 8911

Online: HBSymphony.org  
(Paypal)

Contact us:  
info@hbsymphony.org

TICKETS

Adult: \$30 (\$35 @ door)

Senior: \$28 (\$30 @ door)

Online Promo:  
4 tickets for \$100



Compassionate &  
Professional In-Home Care

Find peace of mind knowing our experienced caregivers are providing enriching, engaging, and empowering in-home care. Some of our services include:

- Meal Preparation
- Light Housekeeping
- Shopping
- Errands
- Live Person On Call 24/7
- Bathing, Dressing, and Incontinence Care



Homewatch  
CareGivers®

Call now for free evaluation!  
714.656.3044  
hwcg.com/hnb  
License #304700023

SERVICES DESIGNED  
WITH YOU IN MIND

Certified Senior Real Estate Specialist

FREE CONSULTATION

Personalized guidance tailored to your unique needs & goals.  
TRANSITION WITH EASE

Seamlessly navigate the process of downsizing or relocating.  
LEGAL ADVICE BY ATTORNEY

Ensure peace of mind with expert legal counsel every step of the way.



Birgitta Ganz

714.392.1776  
BirgittaGanz.com  
BirgittaGanz@gmail.com  
DRE #00452197

SEVEN GABLES  
REAL ESTATE

SG DRE #00745605. This is not intended to be a solicitation of another broker's listing.

# SRES Senior Real Estate Specialist

*Committed to putting your needs first, every step of the way.*

Deep knowledge and understanding of seniors' needs in the 50+ real estate community!



**TIMI+WOLF**  
REALTOR

**(714)222-2302**

www.TimiWolf.com | Timi@TimiWolf.com | DRE#02105826

**COLDWELL BANKER** | **CAMPBELL REALTORS®**  
*Guiding you home with care & expertise.*



We can help you make a loving plan

## Dignity<sup>®</sup> MEMORIAL

Funerals • Life Celebrations • Cemeteries



**Westminster Memorial Park Mortuary**

4801 Beach Blvd., Westminster, CA 92683  
714-893-2421

FD 1030/COA 162



Additional Orange County Locations

**EVERGREEN CLEANING COMPANY**

*Your Clean HOME AWAITS*

Enjoy a pristine home without lifting a finger. Evergreen Cleaning Company offers tailored plans to fit your needs and budget, using non-toxic products for a safe, healthy environment.

**BOOK YOUR FIRST CLEANING AND GET \$25 OFF!**


evergreencleaningco.com | 657-203-3393

**What Would You do Without Arthritis Pain?**

**BENNETT ACUPUNCTURE & FUNCTIONAL MEDICINE**

(714) 962-5031  
**BENNETTACUPUNCTURE.COM**


**Confused about MEDICARE?**



*Get accurate answers from an experienced broker.*

18685 Main St., Ste. 101- 600 | Huntington Beach, CA 92648

**Danny Matheus** (714) 252 - 6965  
 Danny@Medicare101.net  
 CA Lic. 0B02352



By calling this number you will be talking to a licensed insurance agent

**Reflect, Refresh, Renew!**

Stop by our community and experience our latest remodel!



**MERRILL GARDENS**  
 SENIOR LIVING

Visit And Enjoy A Meal On Us!

(714) 243-8229  
 merrillgardenshuntingtonbeach.com  
 17200 Goldenwest St, Huntington Beach, CA 92647

Lic #306005275

**Real Estate Sales & Reverse Mortgages**

Jeffrey A. Hill – Broker  
 Licensed General Contractor



www.AuldCastle.com  
**FREE CONSULTATIONS**  
*Active GC license, insured & bonded*

- Residential Real Estate
- Commercial Real Estate
- SoCal Based
- HUD Approved Broker
- Short Sale Specialist



**Vintage LENDING**  
 NMLS # 287106

**www.AuldCastle.com**  
 Call Direct (949) 488-SOLD  
 (949) 488-7653  
 Email at AuldCastleinc@gmail.com

CA DRE Corp Lic.01916962 CA DRE Broker Lic.00951972 CSLB Lic.735254 NMLS #1514555

**ON THE MEND SoCal**  
 MEDICAL SUPPLIES & EQUIPMENT

Medical Equipment • Home Safety Modifications • Service • Repair

Call today for your Complimentary Home Safety Assessment!

**714-602-1515**




On The Mend SoCal  
 8921 Adams Ave  
 Huntington Beach, CA  
 onthemendsocal.com

Open your smartphone camera, point it at the code, then click link to visit our website!







# RECREATION AT THE ACTIVE LIVING EXPO



## Expo Details

**Who:** 60 Vendors

**When:** Saturday, September 14th

**Where:** The Senior Center

**What Time:** 10:00 AM - 1:00 PM

**Parking Info:** Parking will be available at the Senior Center. Once the parking lot is full, overflow parking will be at the Central Library with a shuttle available.

## Opportunity Drawings

With your Active Living “passport” in hand, visit 18 or more booths and be entered for a chance to win one of five special giveaway baskets. Purchased by the HBCOA, these baskets each have a value of around \$50 and have themes that include date night, movie night, coffee, wine, and more!

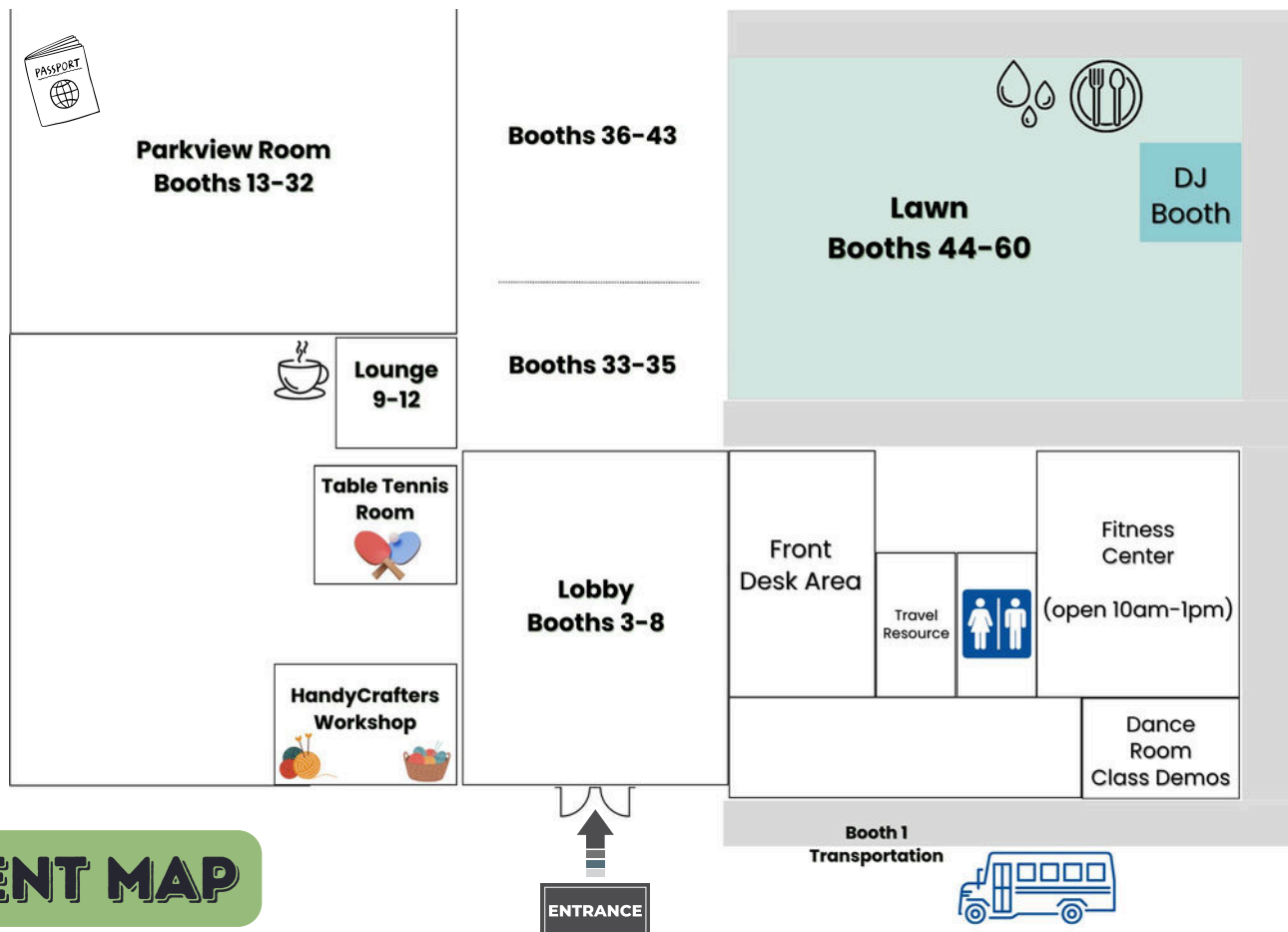
## Food & Refreshments

The event will have food, snack, and refreshment options. Our lounge will feature a coffee bar provided by Sweet Memory, who will be serving free coffee & tea drinks starting at 10am. Food will be available for purchase at the Amarith booth located on the lawn. Lastly, water will be passed out at the Costco booth also located on the lawn.

## Fun Activities



In addition to the valuable information and resources at the 60+ vendor booths, the Expo will include a variety of fun activities including a DJ, lawn games, table tennis, class demos, and a walk through Central Park.





# WELLNESS AT THE ACTIVE LIVING EXPO



Don't miss out! Admission is free! The upcoming annual Active Living Expo is right around the corner. Save the date and join us on Saturday, September 14th from 10:00am-1:00pm for the largest event of the year! Bring your friends and family to enjoy a day of celebrating active aging in our community!

## Wellness Activities

The event will hold fun and engaging fitness classes sponsored by Hoag throughout the day for you to drop in and join in on the fun!

Classes will be held in the Dance Room  
**Better Mobility & Strength @ 10:45am**  
**Active & Fit @ 12pm**

Be sure to meet us on the patio lawn for a 1 mile walk through Central Park.



**1-Mile Walk @ 11am**



**Special Gym Hours  
on 9/14**

**10:00am-1:00pm**



**Gym Memberships**



During your visit at the Active Living Expo, stop by the Health & Wellness Pavilion to learn more about our fitness center and gym membership options. Be sure to connect with a gym staff member for further information.



# VOLUNTEER SERVICES



## HandyCrafters: Boutique Sale and Demos

### Active Living Expo

Saturday, September 14th

10:00 a.m.-1:00 p.m.

Room: EMG 1

**Sale:** Shop for yourself or for someone else! Items for sale may include: jar openers, scrubbies, towel holders, purses, stuffed animals, baby clothes, booties, beanies, and so much more!

**Demos:** HandyCrafter volunteers will also be providing knitting and crocheting demos during the sale. Be sure to stop by to not only purchase items, but to also appreciate all the hard work that goes into making each item, and maybe learn something new!



All proceeds help support Senior Center activities and Holiday Home Delivered Meals.

**Transactions are cash or check only**

## Travel & Resource Room

Open Saturday, September 14

During the Active Living Expo

Volunteers will be available to help from 10am-1pm.

Stop in to purchase or renew your HBCOA membership and check out the upcoming day trips.

## Discovering Power & Purpose in Your Third Age

Wednesdays, October 16, 23, 30

1:00 p.m. - 3:30 p.m.

Join in this interactive three-part workshop, including a follow up session on November 20th, that focuses on retirement, self reflection and finding your new purpose in life. Register now at [hbsands.org](http://hbsands.org) or visit the front desk for more information.

714-536-5600

## Active Living Expo: Volunteer Support

It takes a lot staff and volunteer support to help put on the Active Living Expo each year. We have Senior Center volunteers and philanthropic groups that assist with set up, clean up and support during the event in order to create the best experience for attendees. If you see a volunteer while at the event, be sure to thank them for their time!



## Current Volunteer Opportunities

- Transportation Drivers
- Home Delivered Meals

## Upcoming Events

- 11/9/24 - Namaste in the Park

## Contact the Volunteer Team

Caryn Kawamoto, 714-374-1544

[Caryn.Kawamoto@surfcity-hb.org](mailto:Caryn.Kawamoto@surfcity-hb.org)

Kathy Pace, 714-374-1520

[Kathy.Pace@surfcity-hb.org](mailto:Kathy.Pace@surfcity-hb.org)





# SOCIAL SERVICES

## Visit Our Supporters



While enjoying the Active Living Expo, be sure to stop by the booths of our major Social Services supporters. Each year, through generous donations, the HBCOA, OC MemorialCare, and Assistance League of Huntington Beach (ALHB), DreamCatchers Auxiliary all provide financial support to Care Management and Home Delivered Meals services offered at the Senior Center in Central Park. We appreciate the support which enables us to provide excellent services because of it!



## Mobile Home Tenant Based Rental Assistance (MHTBRA)

The City's MHTBRA program provides temporary monthly rental assistance to eligible, very low-income, HB senior mobile homeowners. Interest applications will be available at the senior center and accepted in September, 2024. In person assistance filling out the form will be available, call 714-374-1572 for dates and times. Must be age 62+, very low-income or lower, own and lived in their HB mobile home for at least 1 year. Preference granted to: military veterans, households earning extremely low-income or less, and households that pay >50% of their gross income to space rent.



Household Size	Extremely Low-Income (maximum)	Very Low-Income (maximum)
1	\$33,150	\$52,250
2	\$37,900	\$63,100
3	\$42,650	\$71,050
4	\$47,350	\$78,900

## National Senior Center Month Consider Us a Resource!



September is a time to shine a light on senior centers, highlighting how vital they are to the wellbeing of all communities. Senior centers started developing in the 1940s and have come a long way since then. Today's Senior Center provides countless opportunities for recreation and so much more. They offer a place for older adults to discover their unique interests, talents, and aspirations, as well as to meet new friends! Here at Senior Center in Central Park, Care Managers are resource providers on a variety of aging related topics, Call these experts to get answers and resources at 714-374-1572.

## MEDICARE

### Medicare: What's New in 2025



Medicare's Annual Open Enrollment is fast approaching! Join HICAP (Health Insurance Counseling and Advocacy Program) to learn about upcoming changes to Medicare in 2025, and how those changes may impact you. Know your options to ensure your healthcare coverage best meets your needs. HICAP, a program of Council on Aging-Southern California, provides free, unbiased services and does not sell or endorse insurance products.

**October 17, 9:30-10:30 AM**  
**Drop In! No Registration Required.**



# SENIORS ON THE GO TRANSPORTATION



## Transportation Services 714-374-1742

Senior Services provides Transportation each weekday, from 8:00 a.m. to 4:30 p.m. to HB residents 60+ for all their ride needs within Huntington Beach and to the Social Security office in Fountain Valley. The Surf City Seniors on the Go! shuttle brings older adults to the Senior Center in Central Park for the MOWOC Senior Lunch Cafe, classes, and activities. Medical transportation is also available to Hoag Memorial Hospital Presbyterian, Fountain Valley Regional Hospital, and to MemorialCare Orange Coast Medical Center.

Volunteer Escorts provide extra assistance on shopping group trips. For more information, ask the dispatchers.

Transportation appointments fill quickly. Please give as much notice as possible. Five days' notice is required to guarantee a ride. Same day service is offered on a space available basis. 24 hour notice is requested for cancellations.

Call between the hours of 9:00 a.m. and 3:00 p.m. to schedule your ride. New clients are registered by phone. Although there is no charge to seniors for transportation, donations are appreciated.

Transportation services are made possible through your donations, HBCOA, City funds, and grants from Hoag, and OCTA.

## Jean Payne Retirement



After 18 wonderful years of service Jean Payne officially retired on July 30th. She was a great asset to our team and we wish her the best in the next chapter of her life. She will be dearly missed.

## After-Hours Transportation

For transportation needs outside the regular hours of Surf City Seniors on the Go!, consider using the OCTA Access bus program. For an application or questions about the program, contact OCTA at 714-560-5956 or [www.octa.net](http://www.octa.net).

## Active Living Expo

Save the date! Our Active Living Expo will be held Saturday, September 14, 2024. Overflow parking will be at the HB Central Library parking lot and Seniors on the Go transportation will be offering shuttle service from 10:00 a.m. to 1:00 p.m.

\*Please stop by our Transportation booth to inquire about our services and say hello. We may have some goodies for you.



## Welcome to Transportation

We are more than happy to introduce our new transportation dispatcher Patty Evans. Patty worked for Los Angeles County Fire Department and retired after 33 years. Retirement did not last long! She joined our team as a volunteer driver in 2023. She loves helping people, especially our clients. Patty enjoys camping, going on cruises, and playing with her black Labrador.

She is now ready to place your ride reservations and provide information regarding our services. If you reach Patty on the phone, say "hi!"



## Holiday Closure

The transportation office and all services will be closed on **Monday, September 2**, in observance of the Labor Day holiday. Have a safe and happy holiday.





**Above & Beyond**  
REFERRAL SERVICES, INC.

949.791.9227




*Cathy Gaertner*  
Placement Specialist

**Assisted Living, Dementia,  
Alzheimer's & Residential Care Homes  
Plus Many Other Senior Referrals**

cathy@aboveandbeyondrs.com    www.aboveandbeyondrs.com

# Age-related vision loss?



We can help.

## Free Classes & Services

Get a class catalog, access to audio books and help with magnifiers plus more!



**Braille  
Institute®**

**Call today!**

**Anaheim**  
(714) 821-5000

**Laguna Hills**  
(949) 330-5062

[BrailleInstitute.org](http://BrailleInstitute.org)



Real Estate Sales &  
Property Management Services

### SENIOR REAL ESTATE

A VALUABLE SOURCE FOR SENIOR NEEDS

- Free Consultations
- Services to Help You Find the Right Space for Your Needs
- Specializing in Trust Sales
- Provides National Referral Network to Relocate
- Locally Serving Seniors for Almost 40 Years
- Creating Solutions for YOU!!!



**Barbara**  
DELGLEIZE  
714-421-0103

Barbara@BarbaraSellsTheBeach.com  
www.BarbaraSellsTheBeach.com  
Broker Associate • DRE #00586458



## Alzheimer's Family Center

SERVING DEMENTIA PATIENTS AND THEIR FAMILIES

**NOW OPEN  
AND ACCEPTING NEW PATIENTS**

- Brain-engaging activity programs
- Physical therapy and fall prevention
- Nursing oversight
- Free one-on-one caregiver counseling sessions
- Equilibrium™ outpatient group & individual mental health services for individuals with memory loss
- Free memory checkups
- Referral to community resources



9451 Indianapolis Avenue  
Huntington Beach, CA 92646

(714) 593-9630 | [www.AFSCenter.org](http://www.AFSCenter.org)

**Open Every Wednesday!**

**HUNTINGTON BEACH ELKS**

**BINGO**

**WEDNESDAY MATINEE**

**Doors Open at 9:00 AM. - \$15.00 Minimum Buy-In**

**23 TOTAL GAMES**

ALL GAMES PAY \$250.00 **PULL TABS**	COLOR MONITORS COMPUTERIZED VERIFICATION
<b>CASH BALL</b>	
<b>5 STRIP GAMES PAYING \$500 EACH PLUS 2 TAB GAMES OF AT LEAST \$1199.</b>	

EARLY BIRD – 10:30 AM.                      6 ON – 4 UP (Plus 1 Strip)  
REGULAR – 11:00 AM.                      6 ON – 15 UP (Plus 2 Strips, 2 tabs)  
LATE BIRD – Following Regular Games    6 ON – 4 UP (Plus 1 Strip)

FOOD AND SOFT DRINKS AVAILABLE FOR PURCHASE  
FREE COFFEE – TEA – POPCORN

HUNTINGTON BEACH ELKS LODGE  
7711 TALBERT AVENUE (2 BLOCKS WEST OF BEACH BLVD.)  
HUNTINGTON BEACH.  
(714) 848-9440

Overflow Parking Available at the Center for Spiritual Living just West of the Lodge on  
Talbert Avenue.

# CAREGIVERS

RIGHT TO YOUR FRONT DOOR



**SERVING HUNTINGTON BEACH LOCALS FOR 20+ YEARS**

## IT TAKES A VILLAGE SENIOR CARE

REFERRAL AGENCY

☎ (805)698-2852  
[ItTakesAVillageSeniorCare.com](http://ItTakesAVillageSeniorCare.com)

WE'RE  
REINVENTING  
HOME CARE  
FIND OUT HOW

Voted Seal Beach Chamber of Commerce  
Business Person of the Year 2022-2023

# Reverse Robert



Ask me About The New Baby Boomer Loan!

## Reverse Mortgages Educator/Specialist

### (714) 770-7057

**sr.slater@gmail.com**  
DRE 00982503/NMLS 338253  
[RobertSlaterHomeLoans.com](http://RobertSlaterHomeLoans.com)



AWARD-WINNING

## ASSISTED LIVING & MEMORY CARE

SERVING COASTAL ORANGE COUNTY



DYNAMIC ACTIVITIES  
DEDICATED AND CARING STAFF  
EXCELLENT CULINARY PROGRAM

**LIFE AT VIVANTE FEELS LIKE HOME.**

Vivante is an award-winning brand of assisted living and memory care communities created with the goal of providing seniors with the most luxurious retirement living experience possible. Vivante offers a refined approach to senior living, with a focus on health and wellness, extraordinary cuisine and dynamic activities. With locations in Newport Mesa and Newport Beach, the Vivante communities provide resort-quality amenities to suit each resident's unique lifestyle.

<p style="font-size: x-small;">VIVANTE NEWPORT CENTER</p> <p style="font-size: x-small;">949-478-6388 850 San Clemente Drive Newport Beach, CA 92660</p>	<p style="font-size: x-small;">SCHEDULE A TOUR TODAY</p>  <p style="font-size: x-small;">VIVANTE Assisted Living   Memory Care</p>	<p style="font-size: x-small;">VIVANTE NEWPORT MESA</p> <p style="font-size: x-small;">949-478-6331 1640 &amp; 1650 Monrovia Ave Costa Mesa, CA 92627</p>
--	---	---

Vivante Newport Center is licensed as a Residential Care Facility for the Elderly by the California Department of Social Services license number 3050001803. Vivante Newport Center is an Equal Housing Opportunity. Vivante is a registered service mark of Vivante Senior Living. Vivante is a registered professional of Senior Development.



## Put your health in caring hands.

Guarantee your access to fully integrated health care that includes Southern California's best-known physician groups and leading hospitals. Get highly rated care from over 300 primary care providers, 11 urgent care centers, 24/7 virtual urgent care, and more than 2,000 specialists at three award-winning hospitals and outpatient specialty centers.

Consult our Medicare experts.  
[memorialcare.org/Medicare](http://memorialcare.org/Medicare)



LONG BEACH MEDICAL CENTER | ORANGE COAST MEDICAL CENTER | SADDLEBACK MEDICAL CENTER  
 MEMORIALCARE MEDICAL GROUP | GREATER NEWPORT PHYSICIANS MEMORIALCARE

## Get local help with your Medicare questions.

I'm a licensed sales broker, specializing in Medicare. Take advantage of my knowledge and experience

- ✓ Take the confusion out of Medicare
- ✓ Receive one-on-one services
- ✓ Get help reviewing plans
- ✓ Make enrolling in a plan easier

**All at no cost to you!**

I look forward to helping you start exploring your Medicare plan options, so you can enroll in a plan with confidence.



**Sandra Teel**  
 Cell: (909) 856-9379  
 Office: (657) 204-4224  
[steelmedagent@gmail.com](mailto:steelmedagent@gmail.com)  
 Licensed Sales Broker  
 Lic. #4031244



## ARTISTIC SMILE HB

Specializing in senior dental care for over 30 years!



- NEARLY ALL MAJOR INSURANCE PLANS ACCEPTED.
- HIGHEST STANDARDS OF STERILIZATION AND PATIENT SAFETY IN ORDER TO PROTECT YOUR HEALTH.
- CALL FOR A FREE CONSULTATION.

**DR. ROYA AFLATOONI, DDS**  
 16168 BEACH BLVD, SUITE 90, HUNTINGTON BEACH, 92647  
 714-842-4411

## IN-HOME SERVICES FOR SENIORS BY SENIORS

*Making a Difference in People's Lives*

Seniors Helping Seniors® Huntington Beach in-home care services provides seniors with companionship and socialization, while assisting with day-to-day activities.



**CONTACT US TODAY FOR COMPETITIVE RATES**

714-265-7571  
[shshuntingtonbeach.com](http://shshuntingtonbeach.com)

Each Seniors Helping Seniors® Office is Independently Owned and Operated





SeaCliff Home Care  
Melanie Hahn, owner  
Family owned and operated

All employees are licensed,  
bonded & insured

- \* Personal Care
- \* Live-in or hourly
- \* Homemaker
- \* Respite Services

We provide compassionate and professional home care services to seniors in their own home!

Call today for your **FREE** In Home Assessment

714-274-9620  
www.seacliffhomecare.com  
18652 Florida St Suite 345  
Huntington Beach, CA 92648

## LIVING TRUSTS & WILLS



Your Estate Plan includes:

- Certificate of Trust
- Revocable Living Trust
- Last Will & Testaments
- Power of Attorneys
- Health Care Directives
- HIPAA Forms

**CALL NOW: (562) 682-1899**

### PROTECT YOUR HEALTH, WEALTH, & ASSETS!

COMPLIMENTARY CONSULTATION

- \* Protect Real Estate Properties
- \* Tax Advantage Strategies
- \* Secure Retirement Plans
- \* Maximize Social Security
- \* Ensure Long Term Care
- \* Life Insurance Protection



ROCKY PAVONE, CFED®  
CA License: 0B39688  
Certified Financial Educator®  
Registered Social Security Analyst®



We will pay to move you!  
Call us now for details

## We've Got You Covered!

Surrounded by the beauty of Orange County, residents of our senior living community enjoys easy access to shopping centers, dining options, parks, and medical facilities, ensuring residents can explore and engage in the local community with ease. With the coastal charm of nearby beaches and the bustling city life just a short drive away, Beach Terrace provides an ideal setting for seniors to thrive and enjoy their golden years.



Call today to schedule a personal tour!

BEACH TERRACE  
ASSISTED LIVING & MEMORY CARE

12282 Beach Blvd  
Stanton, CA 90680  
**(714) 694-3205**  
BeachTerraceSL.com



RCFE #306005901

## Book Corner



Fiction that "Acts your Age"



By Teri Simonis

Below are a couple of novels I've enjoyed with main characters who are fifty or more years old.

### A Man Called Ove by Frederick Backman

A grumpy yet loveable man finds his solitary world turned on its head when a boisterous young family moves in next door. The movie, A Man Called Otto, with Tom Hanks was based on this book.

### Olive Kitteridge by Elizabeth Stout

Winner of the Pulitzer Prize, Olive Kitteridge tells the story of a retired school teacher who deplores the changes in her little town of Crosby, Maine, and in the world at large, but she doesn't always recognize the changes around her. As the townspeople grapple with their problems, Olive is brought to a deeper understanding of herself.

Registration required,  
lunch is served at 11:30.  
Call 714-375-8404 for  
more information.



Senior Lunch Menu – September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>HAPPY LABOR DAY</p>	<p><b>**3**</b></p> <p><b>*Labor Day Celebration*</b></p> <p><b>Chicken Breast</b> Mashed Potatoes Brown Gravy Corn Hawaiian Roll w/Smart Balance Cheesecake Diet: Fresh Fruit</p>	<p><b>4</b></p> <p><b>Cubed Beef</b> Stroganoff Sauce Winter Veg Blend Egg Noodles WW Dinner Roll w/Smart Balance Mandarin Orange Orange Juice 1% Milk</p>	<p><b>5</b></p> <p><b>Chicken Meatballs</b> Sweet Citrus Glaze Oriental Veg Blend Quinoa Pilaf Fresh Orange 1% Milk</p>	<p><b>6</b></p> <p><b>Tinga Chicken</b> California Veg Blend Cilantro Lime Rice WG Tortilla SF Pudding Ambrosia 1% Milk</p>
<p><b>9</b></p> <p><b>Chicken Breast</b> Parmesan &amp; Sundried Tomato Sauce Carrots Tri-Color Pasta WW Dinner Roll w/Smart Balance Tropical Fruit Mix 1% Milk</p>	<p><b>10</b></p> <p><b>Barbacoa Beef</b> Oregon Bean Medley Cilantro Lime Rice WG Tortilla Fresh Orange 1% Milk</p>	<p><b>11</b></p> <p><b>Tuna Salad</b> Corn, Lima Beans &amp; Tomato Salad WW Dinner Roll w/Smart Balance Mandarin Orange 1% Milk</p>	<p><b>12</b></p> <p><b>Diced Chicken Breast</b> Sweet &amp; Sour Sauce Oriental Veg Blend Egg Noodles WW Crackers (4pk) Canned Peaches SF Pudding 1% Milk</p>	<p><b>**13**</b></p> <p><b>*Western Day Special Menu*</b></p> <p><b>Pulled Pork</b> BBQ Sauce Baked Beans Coleslaw Cornbread w/Smart Balance RS Peach Crisp</p>
<p><b>16</b></p> <p><b>Chicken Breast</b> Savory Tomato Sauce Peas &amp; Carrots Brown Rice WW Dinner Roll w/Smart Balance Tropical Fruit Mix 1% Milk</p>	<p><b>17</b></p> <p><b>Beef Cheeseburger</b> Swiss Cheese Shredded Lettuce, Tomato &amp; Red Onion WG Hamburger Bun Mayo &amp; Mustard Fiesta Corn &amp; Bell Pepper Salad Pineapple Chunks 1% Milk</p>	<p><b>18</b> </p> <p><b>Veggie Egg Salad</b> California Salad Moroccan Lentil Veg Soup Spring Mix WW Bread w/Smart Balance Fresh Orange 1% Milk</p>	<p><b>19</b></p> <p><b>Pork Loin</b> Sweet Citrus Glaze Mix Veg Sweet Potatoes WW Dinner Roll w/ Smart Balance Mandarin Orange 1% Milk</p>	<p><b>20</b></p> <p><b>Chicken Tamarin</b> Oriental Veg Blend Pineapple Fried Rice Egg Drop Soup WW Crackers (4pk) Canned Pears 1% Milk</p>
<p><b>**23**</b></p> <p><b>*First Day of Fall*</b></p> <p><b>Beef Goulash</b> Egg Noodles California Veg Blend WW Crackers (2pk) Carrot Bread Diet: Fresh Fruit</p>	<p><b>24</b></p> <p><b>Mexican Beef Cocido</b> Cubed Beef Beef Broth Vegetable Mix WG Tortilla (1) Banana SF Pudding 1% Milk</p>	<p><b>25</b></p> <p><b>Turkey Bolognese</b> Italian Veg Blend Bow Tie Pasta Parmesan Cheese (1pk) WW Dinner Roll w/Smart Balance Tropical Fruit Mix 1% Milk</p>	<p><b>26</b></p> <p><b>Baked Tilapia</b> Ranchera Sauce Broccoli WG Tortilla (1) SF Pudding Orange Juice 1% Milk</p>	<p><b>27</b></p> <p><b>Cubed Beef</b> Pepper Garlic Sauce Carrots Brown Rice Pineapple Chunks 1% Milk</p>
<p><b>30</b></p> <p><b>Pork Carnitas</b> Verde Sauce Green Peas Cilantro Lime Rice WG Tortilla (1) RS Ambrosia 1% Milk</p>	<p><b>Voluntary Contribution</b> - \$3.00</p> <p><b>Meal Cost for Under</b> <b>Age 60 - \$5.00</b></p> <p> <b>Meatless Meal</b></p>	<p>September</p>		

All meals comply with the Dietary Guidelines for Americans (DGA) 2020-2025 & Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Human Services Agency & the U.S. Department of Agriculture. Meals on Wheels Orange County Lunch Program may change the menu for reasons of quality control, price, or vendor problems. This project is funded in parts through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% Milk served daily. indicates sodium content over 1,000 mg. \* indicates a special event or Holiday and the menu MAY exceed 1,000 mg. Low Cholesterol, 0% trans-fat buttery spread served with bread & rolls. Weekly average lunch meal provides >550 calories. Please note condiments are not analyzed and may increase sodium.



## MONDAYS

8:30 Better Life Boxing  
 8:30 Table Tennis\*  
 9:00 Hawaiian Hula Basics  
 9:00 Zumba Gold Dance Fitness  
 9:30 Ukulele Beginner  
 10:00 Yoga Chair  
 10:30 Hawaiian Hula Intermed.  
 10:45 Ukulele Advanced  
 11:00 Senior Café Lunch\*  
 11:00 Beg. Acrylic Painting  
 11:30 Balance and Stability  
 12:00 Ukulele Intermediate  
 12:30 Party Bridge & Chess\*  
 2:00 Bridge Beginning  
 2:00 Line Dancing Level 1  
 2:00 Zumba Gold Dance Fitness  
 3:00 Quilting with Brandi\*  
 3:30 Line Dance Level 3  
 4:00 Waltz & Swing  
 5:00 Cha Cha & Merengue  
 6:00 NAMI\*  
 6:30 Tai Chi Chuan  
 7:00 Big Band Swing Dance \*9/23

## THURSDAYS

8:00 Outlook Assembly \*9/26  
 8:30 Table Tennis\*  
 8:15 Tai Chi Chuan  
 9:20 Tai Chi Chuan  
 9:30 Hoag Lecture\*9/12  
 10:00 Hoag Lectures\*9/19  
 10:00 Yoga with Diane  
 10:45 Flex & Stretch  
 11:00 Senior Café Lunch  
 11:30 Zumba Chair  
 12:30 Canasta, Chess, Scrabble,  
 Gin & Cribbage\*  
 1:00 Balance & Stability  
 1:30 Line Dance Level 2  
 2:00 Beautiful Sustainable  
 Landscapes  
 2:00 Tech Club \* 9/12  
 3:00 Line Dance Level 1  
 3:00 Memorial Care Lect. \*9/19  
 5:00 End of Life Wishes \* 9/5  
 6:00 Belly Dancing Beginning  
 6:00 Woodcarvers \*  
 6:45 Belly Dancing Intermediate

## TUESDAYS

8:15 Pilates Mat  
 8:15 Senior Cardiofit  
 9:00 Pilates Chair  
 9:30 Duplicate Bridge\*  
 9:30 Flex & Stretch  
 10:00 Basic Art Techniques  
 10:30 Yoga: SCICP  
 11:00 Senior Café Lunch\*  
 12:30 Drum Circle\* 9/10  
 12:00 Scrabble\*  
 1:30 Shanti\*  
 2:30 Line Dance Beginner  
 3:00 Bridge Intermediate  
 3:00 Yoga with Diane Outdoor  
 4:00 Line Dance Beginner  
 5:00 Acrylic Painting  
 5:30 Alzheimer's Caregiver \*  
 5:30 Family Martial Arts  
 6:30 Sr./Adult Martial Arts

## FRIDAYS

8:15 Senior Cardiofit  
 8:30 Mexican Train  
 9:00 Blood Pressure Screening  
 \*9/20  
 9:00 TOPS\*  
 9:30 Duplicate Bridge, Rummy  
 Cube\*  
 9:30 Circuit Training  
 10:00 Yoga: SCICP  
 10:30 HandyCrafters\*  
 11:00 Senior Café Lunch\*  
 11:00 Senior Fitness  
 11:30 Flex & Stretch  
 12:00 Backgammon\*  
 1:30 Line Dance Level 2-3  
 1:30 HBPD Senior Scams \*9/20

## WEDNESDAYS

8:30 Wednesday Walkers \*  
 8:30 Chess\*  
 9:00 Zumba Gold Dance Fitness  
 \*9/4 Free Demonstration  
 9:00 Blood Pressure Screening  
 \*9/4  
 9:00 Surf City Gardeners \* 9/11  
 10:00 Fishing Club \* 9/4  
 10:00 Young At Heart Singers\*  
 10:30 Cardkateers \* 9/13  
 11:00 Senior Café Lunch\*  
 11:00 Line Dance Level 1  
 12:00 Line Dance Level 2  
 12:00 Mah Jong, Backgammon  
 1:00 Movies \* Worth-9/11,  
 Tender Bar-9/25  
 1:00 Line Dance 3  
 1:00 It's Your Money \*9/11  
 6:00 Bridge Beginning

## SATURDAYS

9:30 Create Your Life Story\*  
 9:30 Firemed CPR \*9/21  
 10:00 Active Living EXPO \* 9/14  
  
 10:00 Family Martial Arts  
 11:00 Sr. Martial Arts  
 11:00 Music of the Ages\*

For specific dates, prices,  
 and  
 locations of activities  
 please stop by our front  
 desk or browse the City's  
 SANDS magazine  
 (hbsands.org)

\* NO OR LOW-COST TO ATTEND

CITY OF HUNTINGTON BEACH  
 HBCOA  
 18041 GOLDENWEST ST  
 HUNTINGTON BEACH CA 92648



NONPROFIT ORGANIZATION  
 U.S. POSTAGE PAID  
 HUNTINGTON BEACH CA  
 PERMIT NO. 444

**EVERGREEN DONORS:** Assistance League of HB Dreamcatchers Auxiliary, HandyCrafters, Hoag Memorial Hospital Presbyterian, Orange Coast Memorial Medical Center, John Bishop, Darlene Borns, Debbie Briscoe, Paul & Anne DeVore, Ann Doke, Richard & Lindsay DuFresne, Sloan Gallipeo, Pamela Garrison, Bhag Karir, Pauline & Stanley Lau, Richard Litsinger & Leslie Shaffer, Susan MacLeod, Marvin Mensik, Sharon O'Connor, Sheila Prolman, Hilda Rendon, Carolyn Ross, Richard & Joan Marie Schmidt, Walter & Beverly Schulte, Marcia Shippam, Cheri Simmons, Teri Simonis & Kurt Ruhland, Phil & Judi Smith, Rick & Lari Thomas, Adam Wickliff, Patti Wiebe

**2024 GOLD DONORS:** David Dewenter, John J. Kiang, Brad & Neva Koon, Leslie Michihira, Leonard Mingoia & Debra Demme, Chris Ohlendorf, John Payne, Mike & Ann Regan, Dan Ching Young

**2024 SILVER DONORS:** Eric & Ida Bigenho, Bonnie Bryant, Susan Caron, Ken & Laura Cole, Beverly Fleming, Pat & Sandee Freemon, Don & Mary Julienne, Beverly Mast, Francine Mullee, K & M Nishida, Rosemary Novotny, James Pike, , Noel & Claudia Ross, Ron & Judy Shenkman, Diane Swarts, Jim & Karen Thoms, Samuel & Norma White, Joy Williams, Alan & Diana Zimmer

**2024 BRONZE DONORS:** Huntington Beach Fishing & Recreation, Kathy Ablor, Deborah Andrews, Jessie Arjona, Sandie Barilla, Betsy Barnier, Mona Coats, Nancy Betz-Cosenza, Edward & Connie Bonk, Toby Brown, Betty Bruce, Ray Calloway, Chris & Jackie Carey, Wanda Case-Hopkins, Nancy Chisnall, Bill & Rita Collins, Gary Cooper, Valerie Curry, Mary DeGuelle, Sherri DioGuardi, Frank Domenick, John & Pat Drake, Katherine Elford, James & Amy Ferguson, Gary & Karen Finkel, George & Carolee Focht, Bob & Yasuko Fordiani, Betty Foreman, Kelly & Ted Frankiewicz, Mary Franklin-Young, Birgitta Ganz, John & Cindy Gelz, Laurie & Bob Gorham, Paul Gorman, Tom Hamman, Loren & Greg Heesacker, Julia Heng, Pearl Holmes, Allen Kuroda, Ellen HopeKearns & Richard Kearns, Ron Jagner, Ken Johnson, Susie Johnson-Lipman, Jacquelyn Jones, Jim Kettler, Debbie Killey, James & Mary Jane Kluck, David Kurth, Carol Langston, C. Lipke, Paula Litten, Jo Marie Livingston, James Loveridge, Danny & Tricia Lu, Herbert Mahler, Sharon & Dan Makaena, Dixie Matijasevich, Jim & Sheila Meehan, Robert Meschuk, Grace Michihira, Kathy Miller, Thelma Miyashiro, Emma Monaco, Rosie & Ron Moore, Bill & Judy Ann Morris, Pat & Moon Mullins, Joy Neely, Jackie & Paul Neil, Krystal Neitzke, Honorata & Engin Oktay, Sheila Olmstead, Harriet Ouelette, Carolyn Palicte, Thomas Papademetriou, Janis Patten, Edward Pinchiff, Shirley Pohl, Arline Pohlman, Harriet Price, Patricia & David Quatman, Gerry Reed, Robert Rice, Vic & Val Rivera, Bob & Jeanne Robey, Jim & Jennifer Robins, Roger & Judi Rohrdanz, Jonette Savold & Gary Metz, Brian & Rose Saylin, Rose Schenck, Michael & Maria Schlegel, Olin & Shirley Scott, Shapiro, Stan Mari & Jack Simonson, Robert Slater, Mary Smith, Ray & Debra Stewert, April Stilson & Corwin Brown, Ruth Sully, Patricia Summers, Nancy Tanaka, Donna Lee Taylor, Gary Taylor, Bill & Barbara Thacker, Adria & Fred Thomke, Eldon Thorpe, Howard & JoAnn Umehira, Lisa & John Van Dine, Anne Van Genderen, Alison Vitacolonna, Paul & Carole Viviano, Elaine Watada, Lisa Welcher, Reuley West, Doris Whang, Jim & Sandi Woest, Pat Wolff, Kenneth & Donna Yglesias, Barbara Young, Linda & Stanley Zone